



MINDS TOGETHER – providing counselling to asylum seeker and refugee women

*A joint project of JCORE and the Refugee Council
in partnership with JW3 and The Liberal Jewish Synagogue.*

We are seeking to recruit the following volunteers to work with asylum seekers and refugees:

Two psychotherapists/counsellors to provide one to one counselling to female asylum seekers and refugees

This will include offering a holistic assessment, one-to-one therapy of up to 12 weeks and working closely with the Therapeutic Services team at the Refugee Council to ensure that individuals are accessing appropriate support and advice. Regular clinical supervision will be provided by the Refugee Council. It is envisaged that each therapist will see up to 3 clients a week.

One psychotherapist/counsellor with experience of group work to facilitate a creative group of up to 10 female asylum seekers and refugees

The purpose of the creative group will be to provide a safe weekly space for vulnerable women to come together and enjoy creative activities whilst supporting each other and forming bonds in the group. The duration of each group will be 12 weeks and each session will last for 2 hours.

One Creative Volunteer (no counseling/psychotherapy experience required) with experience of group work to facilitate the creative activities of the creative group

It is expected that some activities will involve pattern cutting, sewing, crochet, knitting and beadwork.

Psychotherapists/counsellors will need to be qualified to Diploma level in psychotherapy/counselling and either be BACP or UKCP Accredited, or be working towards accreditation.

These roles may involve working with community language interpreters and will be based in North West London. Training and supervision will be provided by the Refugee Council. Due to the nature of the work, these roles are only suitable for female applicants.

A FULL JOB DESCRIPTION OF THE THERAPIST ROLES IS BELOW.

DEADLINE FOR APPLICATIONS – 15th December 2017

The Jewish Council for Racial Equality (JCORE) is the leading Jewish voice on race and asylum issues.

The Refugee Council is one of the leading organisations in the UK working with asylum seekers and refugees.

Refugee Council

Job description



- Volunteer Role:** Psychological Therapist
- TEAM:** Therapeutic Services
- GROUP:** Asylum seekers and Refugees
- LOCATION:** London
- REPORTS TO:** Services manager
- HOURS:** 1 day per week

The Refugee Council is one of the leading organisations in the UK working with asylum seekers and refugees. Our operational teams based in various locations in England provide advice and assistance across a wide range of issues, including helping asylum seekers through the complexities of the asylum system, addressing issues of destitution and assisting refugees and asylum seekers to access key services including housing, welfare benefits, health, education and employment. Our teams work with relevant agencies including the Home Office, Refugee Community Organisations, Local Authorities, Legal Service Providers, Housing Providers, Health Institutions, Job Centre Plus and other mainstream service providers.

Context and Purpose of the Job

To provide a psychological therapy service to Asylum seekers and Refugee presenting with mental health distress. The role will include offering a holistic assessment, therapy of up to 12 weeks and working closely with colleagues working in the therapeutic services team to ensure individuals and families are accessing appropriate support and advice.

The work involves working with adults only. Regular clinical supervision is offered.

Main Duties and Responsibilities

- 1, To offer holistic assessments to asylum seekers and refugee who are experiencing mental health difficulties.
 - 1.1, To offer short term psychological therapy to the clients experiencing a wide range of difficulties including trauma, loss and separation, family and adjustment issues.
 - 1.2, To undertake risk assessments for all clients, and maintain a record of all therapeutic work undertaken on the Refugee Council client database.
- 2, To liaise with the main therapeutic services team to ensure appropriate support and advice is in place.
 - 2.1 To attend regular clinical supervision with the Psychological Therapy team and team meetings as appropriate
 - 2.2, To assist with facilitating therapy/therapeutic activity groups for asylum seekers.
- 3, To write clinical letters and reports if required.

Additional Information

Health & Safety

The post holder is responsible for:

Cooperating with the Refugee Council in delivering all legal responsibilities in respect of your own and your colleagues, volunteers, clients and others health and safety whilst at work.

Becoming familiar with the Refugee Council's Health & Safety Policy and procedures including evacuation procedures at your workplace.

Carrying out risk assessments of your own work and especially of your own workstation to ensure that you do not expose yourself or others to unnecessary risk.

Equal Opportunities Statement

As part of its recruitment policy, the Refugee Council intends to ensure that no prospective or actual employee/volunteer is discriminated against on the basis of race, sex, nationality, marital status, sexual orientation, employment status, class, disability, age, religious belief or political persuasion, or is disadvantaged by any condition or requirement which is not demonstrably justifiable.

Working at the Refugee Council

A commitment to the work of the Refugee Council.

Flexible Working

This role cannot be carried out working from home.

Refugee Council

Person Specification



Role TITLE: Psychological Therapist (volunteer)

Qualifications:

Essential

Qualified to Diploma level in psychological therapy and eligible for BACP Accreditation or UKCP registered. Qualifications can include: Diploma in Counselling, Clinical Psychology, Counselling Psychology, Psychotherapy, and Family Therapy.

Desirable

Qualification in a therapeutic approach to working with trauma and experience of applying a psychosocial perspective

Knowledge, skills and abilities

Essential

Experience of working with people seeking asylum and/or refugees.

Experience of working with community language interpreters in a social care setting

Experience of working with individuals who have experienced multiple traumatic events

Experience of working with people at risk of suicide or serious self harm

Desirable

Experience of running therapeutic groups

Experience of working in a mental health or crisis setting

Updated: December 2017