



JCORE SUPPORT

Meeting core needs, promoting core values

*'It's like you are dead already.
Nobody knows that you exist. No one even sees you.'*

- **Imagine** having no change of clothes, no warm coat and only one pair of knickers to your name.
- **Imagine** doing without nappies for your baby or sanitary protection for yourself.
- **Imagine** relying on charity to eat, get on a bus, or just make a phone call.

Unimaginable? Not to thousands of destitute asylum seekers.

“Thousands of people are forced to spend years living in abject poverty on the streets of Britain's cities after fleeing persecution in their own countries..... The destitute have no access to help from the state as they have not been granted asylum, yet they prefer to stay in Britain rather than return home because they fear being tortured or killed.”

The Independent, 22.10.07

Fleeing persecution and helping the stranger are part of the Jewish experience.

“We were strangers in the land of Egypt”

SEE WHAT YOU CAN DO....
(details overleaf)



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restoring dignity to destitute asylum seekers by meeting their basic needs.

Ongoing destitution needs ongoing solutions.

We need you to make a small but *regular* commitment - just **once every three months**.

Please sign up to help in one or more of the following ways:

Start a nappy bank

in your nursery, playgroup or home.

- Collect those opened, part-used packs of nappies your baby or toddler has grown out of, and get others to do the same.
- Donate new packs of nappies, and encourage others to donate too.

Fundraise

- Get your family and friends to pledge up to £5 per month to a fund for basic necessities.
- Ask your synagogue to donate money or supplies once every three months.

Start a buy one/give one scheme

- Buy your underwear, sanitary towels, shampoo and other essentials from shops that offer two packs for one, and donate the freebie.
- Get five friends to do the same.
- Get their friends to do it too.

Please call JCORE on 020 8455 0896 or email admin@jcore.org.uk

JCORE's works with the Jewish and wider communities to promote a positive multi-ethnic UK, free from all forms of racism.

The Jewish Council for Racial Equality

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www.jcore.org.uk Registered Charity: 281236